



Summer 2025

Hi Rock Climbing RAD-to-Staff Camper,

My name is Zach, and I'm the RAD Director here at Big Lake Youth Camp. I'm excited that you've chosen to spend part of your summer with us! You are registered to participate in the RAD-to-Staff program while on your registered trip, June 29-July 4, 2025.

The Big Lake RAD-to-Staff program is a leadership program that is aimed towards developing leadership skills among peers. This program teaches the strength and value of positivity and initiative in a leadership setting. This is an excellent opportunity to see how interested you are in working at Big Lake! The attitude that you bring to the group will set the tone for the entire week. Come along, have fun, and lead. Some key parts of our program include opportunities to plan and lead out in the activities for a day, leading worship, and completing special tasks when transitioning at the campsite, (packing/unpacking rafts, organizing dish duty, ect.)

Please see page 2 of this letter for an activity specific packing list.

If you have any questions concerning your RAD Camp, itinerary, packing, or gear, please let me know.

I look forward to seeing you this summer!

Sincerely,

Zachary LeClerc  
RAD Director  
Big Lake Youth Camp  
[RAD@biglake.org](mailto:RAD@biglake.org)

Equipment	#	Description
T-shirts	2	T-shirts for being in camp
Sun shirt or quick-drying shirt	2+	Button-up, or other shirts that are quick-drying and will protect you from the sun
Sweatshirt or fleece	1	Evenings at camp are cool
Rain jacket	1	In case it rains
Down/synthetic layer	1	Optional: If you get cold, having a heavier layer for cool evenings and mornings is recommended.
Hiking/climbing shorts	1	Shorts made out of durable material are best, as they're less likely to rip, and are more comfortable with a climbing harness on. However, gym or athletic shorts also work well and are light/breathable.
Swimsuit	1	Guys: regular swim trunks or board shorts Girls: One-piece or tankinis are encouraged. Board shorts or athletic shorts are recommended to protect legs from rubbing against raft.
Underwear	3+	Capilene, Coolmax, or silk are recommended
Hiking/climbing pants	1	Light but durable pants for cool evenings/mornings. If you choose to climb in your pants (good sun protection), be sure to bring something durable and flexible, or they may be ruined from rubbing on rocks. No jeans, please.
Baseball cap or sun hat	1	Sun protection
Wool or fleece hat	1	For cool evenings/mornings
Camp shoes	1	Light-weight and comfortable shoes to wear around camp (e.g. tennis shoes, Sanuks, Chacos, Keens, etc.)
Hiking boots	1	Ankle or mid-height is fine (approach shoe recommended for climbing approaches)
Sandals/Crocs	1	Optional: for showers
Water bottle	2	1 liter or greater each (Nalgene bottles or similar work well)
Toiletries		Travel-sized toothpaste, toothbrush, soap, shampoo, deodorant, etc.
Sunscreen		SPF 30 or greater, 60 oz or more
Zinc		Offers total sun protection--great for nose and ears!
Sunglasses	1	Don't bring your best shades--bring a pair that can get a little beat up
Lip balm		Required: SPF 15 or greater
Bandana	1-2	Sun protection
Watch	1	Water-resistant, alarm, light
Bible	1	Used for worship and solo time. Put in plastic bag to protect from weather
Journal/small notepad	1	Small, light-weight for note-taking
Sleeping bag, pad, pillow	1	High desert nights can be cool and frosty.... Closed-cell foam or inflatable pad is recommended to insulate between ground and sleeping bag. Bag: rated for 35 degrees or colder.
Daypack	1	For carrying shoes and harness